

Basic Pantry Checklist



Baking Goods

- Baking Mix
- Baking Chocolate - Unsweetened
- Baking Powder
- Baking Soda
- Beans (Dried)
- Bread Crumbs
- Chocolate Chips
- Cocoa
- Cornmeal
- Cornstarch
- Corn Syrup - Light & Dark
- Flour - All Purpose
- Flour - Self Rising
- Flour - Whole Wheat
- Flour - Rice
- Gelatin
- Honey
- Lentils
- Molasses
- Nuts - Various
- Oatmeal
- Pasta
- Peanut Butter
- Split Peas
- Rice, White
- Rice, Brown
- Shortening
- Sugar - Powdered
- Sugar - Granulated
- Sugar - Brown
- Worcestershire Sauce
- Yeast

Canned Items & Condiments

- Canned Tomatoes
- Canned Black Beans
- Canned Pinto Beans
- Canned Kidney Beans
- Tomato Paste
- Chicken Broth
- Beef Broth
- Evaporated Milk
- Sweetened Condensed Milk
- Canned Pineapple
- Canned Fruit Cocktail
- Condensed Soup
- Canned Olives
- Salsa
- Hot Sauce
- Tuna Pouches
- Pie Filling
- Pickles
- Barbeque Sauce
- Soy Sauce

Cooking Oils or Vinegar

- Red Wine Vinegar
- Rice Vinegar
- White Vinegar
- Coconut Oil
- Canola Oil
- Corn Oil
- Vegetable Oil
- Cider Vinegar
- Non-Stick Cooking Spray

Spices and Seasoning

- Allspice
- Basil
- Bay Leaves
- Bouillon - Beef
- Bouillon - Chicken
- Bouillon - Vegetable
- Celery Seed
- Cilantro
- Cinnamon - Ground
- Cinnamon - Sticks
- Cloves
- Cumin
- Curry
- Dill Weed
- Extract - Almond
- Extract - Vanilla
- Fennel
- Garlic - Salt
- Garlic - Powder
- Garlic - Minced
- Ginger
- Marjoram
- Mustard
- Nutmeg
- Onion Powder
- Oregano
- Parsley
- Pepper - Black
- Pepper - Cayenne
- Rosemary
- Sage
- Seasoned Salt
- Salt
- Thyme
- Vanilla